



BPHS Physical Education

Rules, Regulations and Grading Policies

All school rules will apply in addition to the following:

Proper dress for class

1. A complete change of athletic clothing must be worn, including t-shirt, shorts, socks and tennis shoes. You may purchase the uniform from your teacher at the beginning of the school year. No jean shorts, ragged, cut-off or torn shorts or shirts will be permitted. No school clothes should be worn over or under physical education clothes.
2. A dress cut will be given to a student NOT having tennis shoes to wear. Tennis shoes should be tied before class and remain tied during the class period.
3. Classes may be held outdoors in the fall and spring. Be prepared daily with a jacket or sweatshirt.
4. No electronic devices or jewelry are allowed. If you choose to violate this policy and they get stolen, no investigation will take place.

Lockers and Locker Rooms

1. One small locker in the physical education locker room will be assigned to each student.
2. The physical education locker room is the only one that may be used.
3. A **combination lock** must be provided (no key locks will be allowed) and the teacher will record the combination. The combination should never be given to another student.
4. No sharing of lockers will be permitted.
5. Once class begins, no student will be allowed back into the locker room.
6. Valuable belongings (jewelry, purses, and wallets) must be locked in a locker during class. Leaving valuables lying around is only inviting theft. The physical education staff will not be responsible for lost or stolen articles.

Class Expectations

1. Students will be given 10 minutes after the tardy bell rings and 10 minutes at the end of class to change clothes.
2. No gum chewing is allowed in class and no food or drink is to be consumed in the gym or locker room areas.
3. Any injuries or emergencies must be reported to the teacher during the class period so the proper action can be taken.
4. No student may leave the class, gym or locker room areas without permission from the teacher.
5. Directions must be followed the first time they are given.
6. Abuse, destruction or misuse of physical education equipment will not be tolerated; do not touch equipment unless told to do so by the instructor. Obscene language, gestures, harassment or disrespect will not be tolerated.

Participation Excuse

1. A student well enough to be in school is generally well enough to be dressed and participating in class. Any exception to this will be handled on an individual basis.

Rick Zabala
Dept. Chair
7) 992- 8761
Conf. 4th
11:17 – 12:11

Suzan Guba
7) 992- 8763
Conf. 4th
11:17 - 12:11

**Alvin
Graham**
7) 992- 8760
Conf. 3rd
10:08 - 11:02

**Frank
Saiz**
7) 992- 8760
Conf. 1st
8:05 - 9:04

2. A note from a parent is required to excuse a student due to injury or illness. It will be accepted for a maximum of three consecutive days. To be excused longer than three days, a doctor's note is required.
3. A student who has become ill at school will discuss the problem with the teacher before the start of class and a decision will be made as to the best course of action for the student to take.
4. Any student with an excused absence from school or excused from class participation will be required to make-up the points to get credit for classes missed.

Grading Requirements

1. The points earned for the quarter will determine a student's grade. Points will be earned for proper dress and or class participation. There will also be written and/or skill tests.
2. A maximum of 5 points per class may be earned for participation at the required level during class. Points may be earned in the following ways.

A maximum of 5 points will be earned each class period if a student:

- Participates to the best level of his/her ability
- Shows good sportsmanship
- Follows directions and class rules
- Treats equipment with care in the proper manner

A maximum of 4 points will be earned each class period if a student:

- Performs unsafe act(s).
- Shows poor sportsmanship
- Uses profanity.
- Puts others down.
- Breaks game rules or expectations intentionally.
- Argues with others.
- Is tardy to class.

A maximum of 3 points will be earned each class period if a student exerts reduced effort during an activity.

0 points will be earned each class period if a student

- Not dressed properly
- Has an unexcused absence
- Is being in subordinate
- Is fighting
- Destroys school property
- Is not excused and not participating

Semester Grading Policy

100% - 96%	A
95% - 90%	B
89% - 85%	C
84% - 79%	D
78% & Below	F

How to earn make-up points for Medical Excuses or Excused Absences from class

1. A written summary of any sports article from a newspaper or magazine will earn 5 points. The summary should be at least 1 page in length and hand written and includes a copy of the article and how it relates to Physical Education (if typed full page double spaced, size12 font with 1 inch margins).
2. A sports article taken off the internet at least one page in length about any activity we have done in class will earn 5 points. A summary is required.

Make up points must be completed by Friday of the week following that in which they were missed to get credit. If you are out sick or have a planned absence, you know what needs to be done to make up points. It is the responsibility of the student to earn required points. Every student in the class can earn a good grade by participating each day and making up points for missed classes.

Detention Rules

Detentions will be assigned according to teacher discretion. If more detentions are assigned, an office referral and a call to your parents will be made. Failure to comply with these rules will result in office detentions and/or referral.

Possible reasons

- tardy to class
- non suits
- inappropriate behavior

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LET'S HAVE A GREAT YEAR

Parent/Guardian Signature _____

Student Signature _____

Student Name _____

Period _____

